







Module 1

# Introduction to online safety

cybertaipan.csiro.au



#### Learning objectives

 Participants will understand the definition and context of cyber bullying.

Dealing with cyber bullying.

Reporting cyber bullying.

- Participants will understand what makes certain types of information private or more sensitive than others.
- Participants will gain an understanding of how to protect themselves online and appropriately use the internet.

Safe browsing.

Social media tips.

# Section 1 Cyber bullying

#### Etiquette

Commonly accepted rules of how to behave online:

- Do not spam forums, chat rooms, or social media sites with useless or repeated information.
- **Do not** pretend to be someone else.
- Do not post or distribute illegal material.
- Do not use abusive or threatening language.
- Do not try to obtain personal info about someone.

## Cyber bullying

- Bullying refers to any unwanted, aggressive behaviour.
- Cyber bullying refers to any bullying that takes place through use of electronic or digital technology.
- Forms include:

Insulting texts or emails.

Rumours sent via email or social networking sites.

Fake profiles.

Embarrassing photos or videos.

Why it is harmful:

Anonymous.

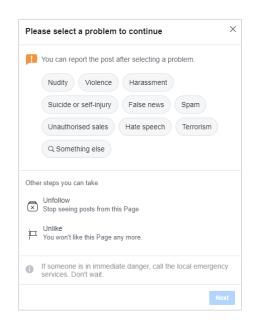
Can be done 24/7.



Source: <a href="http://www.stopbullying.gov/cyberbullying/">http://www.stopbullying.gov/cyberbullying/</a>

## Cyber bullying — If it happens to you

- Do not respond to any messages, posts or emails.
- Block offenders.
- Document and report the behaviour so it can be addressed.
- Flag the content so other people aren't hurt by it.
- 1 in 5 Australian young people reported being socially excluded, threatened or abused online.
- 1 in 5 Australian young people (15% of kids, 24% of teens) admitted behaving in a negative way towards a peer online such as calling them names, deliberately excluding them, or spreading lies or rumours.



Source: http://www.stopbullying.gov/cyberbullying/

## Report cyber bullying

To schools:

Inform your school of any cyber bullying as you would with other types of bullying. Provide screenshots or records of bullying.

 To your parents and possibly law enforcement, especially if it involves any of the following:

Threats of violence.

Explicit messages or photos.

Taking a photo or video of someone in a place where he or she would expect privacy. Stalking and hate crimes.

Source: http://www.stopbullying.gov/cyberbullying/

Section 2
Personally identifiable
information and online safety

## Personally Identifiable Information (PII)

- PII is any information specific to an individual.
- Examples:

Student ID number
Date of birth
Email address
Mailing address
Credit card information



- PII can be used by hackers to steal someone's identity, bank funds, etc.
- Hackers also use PII to impersonate victims in order to gain access to a different persons' or organisations' network.
- This type of information should only be shared with trusted, verified individuals.

#### Online safety — The basics

- Never share your password.
- Only share PII when absolutely necessary.
- Do not download any suspicious or unknown software.
- Always log out when you are done.
- Never post anything you do not want to be public.
  - You might think you're being safe and limiting your posts to only friends, but anything you post can be easily copied and pasted and sent to someone else.
- If you're unsure about anything you do online, ask your parent or guardian if it is okay.

#### Risk sites

- Online shopping sites.
- Social media platforms.
- Any other website that requires Personally Identifiable Information (PII).
- These sites are enjoyable and useful. Just make sure you are being extra careful when visiting them.



#### Safe browsing

- Do not use public Wi-Fi to access risk sites.
- Check the address for spoofs.
- Use a secure website, especially when submitting PII.
- Look for an "s" after "http" in the web address.
- Look for a 'padlock' in the browser address bar.
- Look for a green background or green text.





#### Browser tools

- Use automatic updates.
- Use and regularly update built-in safety features.

Pop-up blockers

Anti-virus

- Avoid 'save password' or 'remember me' functions.
- Consider using a password manager like LastPass or BitWarden.

Use a STRONG master password (25+ characters)
Use 2-factor authentication









#### Social media tips

Be selective.

Only accept or follow friends you know in real life.











- Do not post your location.
- Be careful with apps.

Games and geo-tracking apps may give away your location or other PII.

- Assume everything you post online is permanent.
  - Employers check social media accounts.
- Don't over-share.

Just because a site asks for information doesn't mean it's required to set up an account.

Customise and update your security settings.

Default settings are weak.